FOOTBALL SCHOOL

SCHOOLS PROGRAM AT WAVERLEY

OVERVIEW

MANCHESTER CITY SCHOOLS PROGRAM AT WAVERLEY

Manchester City Football Club and Waverley College are proud partners in offering one of only two Manchester City Football Schools in NSW.

Through the combined knowledge of one of the most successful football clubs in the world and one of the leading school football and sporting programs in NSW, the Manchester City Football School at Waverley College aims to develop the next generation of footballers.

The Football School will provide students with in-curriculum training sessions all year round (Terms 1 to 4) and out-of-school training sessions during the summer terms (Terms 2 and 3).

Players on the football program will learn how to play ‘Beautiful Football’ which is the style of play created by Manchester City Football Club, this style is utilised across all levels at Manchester City From the Academy to the First team.

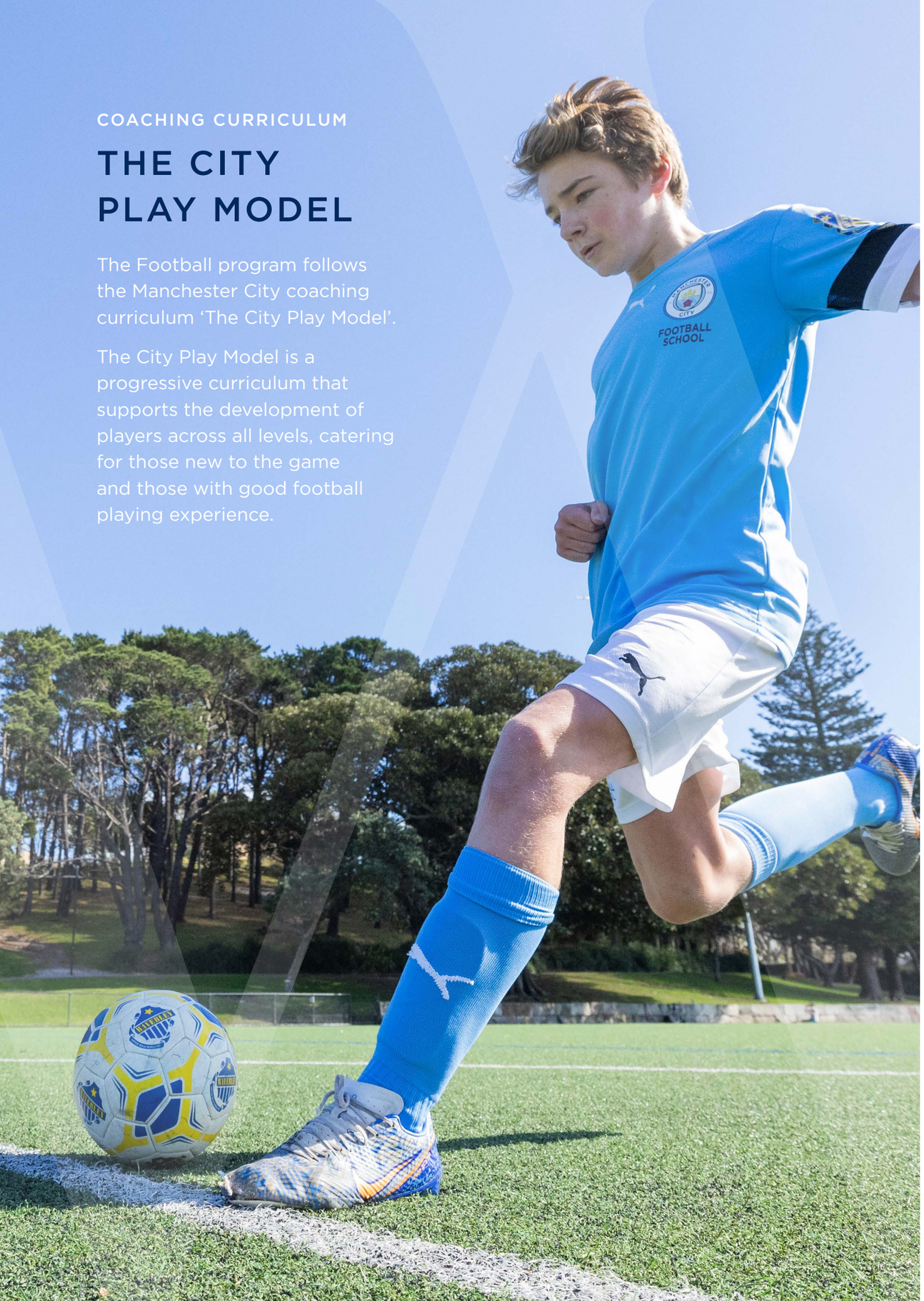
All Coaching sessions will be delivered by our full time head football coach Mr Ben Charlton.

COACHING CURRICULUM

THE CITY PLAY MODEL

The Football program follows the Manchester City coaching curriculum ‘The City Play Model’.

The City Play Model is a progressive curriculum that supports the development of players across all levels, catering for those new to the game and those with good football playing experience.



CURRICULUM EXPLAINED

THE 5 LEVELS

OF THE CITY PLAY MODEL

LEVEL 1

MOVE TO PLAY

Introduction to football movement

- HAVE FUN
- MOVE
- BE PART OF A TEAM

LEVEL 2

PLAY FOR FUN

Aimed at players new to the game

- GAIN CONFIDENCE
- ENJOY GAME
- DEVELOP PASSION

LEVEL 3

PLAY TO LEARN

Aimed at players with some experience

- BUILD TEAM MENTALITY
- PLAY LIKE YOUR HERO
- LEARN THE GAME

LEVEL 4

PLAY TO PROGRESS

Aimed at players with experience

- GROW IN THE GAME
- IMPROVE
- DEVELOP

LEVEL 5

PLAY TO PERFORM

Aimed at players with good experience

- SHARE YOUR PASSION
- SHOW YOUR TALENT
- MATURE AS A PLAYER

SCHOOL CURRICULUM

INTEGRATING INTO THE CURRICULUM AT WAVERLEY COLLEGE

The Manchester City Football program caters to the individual and collective needs of the team ensuring the City DNA is at the forefront.

The on field coaching curriculum is delivered alongside an off field football education curriculum which features specially developed digital content.

The on field and off field training programs work together to create the optimum learning environment for the players to achieve their goals and reach their full potential.

TRAINING SESSIONS

Students in the program will complete the following sessions as part of the Football School:

DURING PRACTICAL PE

A range of class sessions per fortnight per Term during practical PE lessons.

OUT-OF-CLASS

A range of out-of-class sessions before or after school each term.

TRAINING WITH A COLLEGE CAS TEAM

It is an expectation of all players that they train and play as part of the CAS Football Season in Terms 2-3.

Training with a College CAS Team will replace the Football School out-of-class session in that term.

PLAYER PERFORMANCE

EVALUATING PROGRESS - PLAYER PERFORMANCE REPORTS

Bi-annual player performance reports will be provided based on the Manchester City Football School Curriculum and the 4 performance factors:

- **Technical Performance**
- **Tactical Performance**
- **Physical Performance**
- **Psychological Performance**

MAKING THE TEAM

TRIALS AND ENROLMENT INTO THE PROGRAM

We hold trials for all members of our community in **March and June.** Current Waverley College students, students who are already enrolled to start at Waverley, students who are on our waitlist and anyone else from any other schools are welcome to trial.

FOOTBALL SCHOOL

SCAN QR

For more information and to register for trials.

CONTACT US

If you have any questions please contact:

Mr Ben Charlton - Head Coach

mancity@waverley.nsw.edu.au

WHO COULD YOU BECOME?